Dr. Fukuchi’s lab published the following article:


THE LIBRARY OF THE HEALTH SCIENCES

With the holiday season quickly approaching, we at the Library of Health Sciences of Peoria want to remind you that we are still here and available to help with your information needs. If you have questions, send an email to lib-pref@uic.edu.

Stay safe and healthy. We look forward to seeing you in the new year!
Please welcome our new employees:

Rebecca Hubbard, Office Administrator, Research Services

Tamra Thomas, Medical Assistant (certified), PHS

(no photo) Erika Demetreas, Reimbursement Coding Specialist, Medical Billing

Debi Kupferschmid, Administrative Aide, Pediatrics

Sharing….Giving

Reminder: The Shared Pool was established to provide assistance to (eligible) employees who have exhausted all accumulated sick leave and, if applicable, vacation leave with the opportunity to receive additional leave days when a disability claim is pending before the State Universities Retirement System (SURS). Please review the details in NESSIE; if you wish to donate a day(s) you must process in NESSIE:

https://www.hr.uillinois.edu/leave/sharedbenefits/

The University Holiday Schedule may be found at:

https://www.hr.uillinois.edu/leave/holidays/  (click on Chicago Holiday Schedule on right side)

The 2021 Payroll Schedules are available online: http://peoria.medicine.uic.edu/hr/  (click the ‘pay’ tab)

Please Note for the bi-weekly payroll: the bi-weekly timesheet deadline for BW1 (12/13/20-12/26/20) will be before 12:00 noon on December 28 (for the January 6 pay date). If possible, please try to submit your timesheet on December 23.

December Birthdays

Eileen Doherty  Diana Warneke  Stephanie Hornbuckle  Ginger Light
Chris Johnson  Chad Betts  Nicole Bohnker  Stephanie Sampson
Elizabeth Majjaty  Jessica Spelman  Marti Sokolowski  Andrew Darr
Tamra Thomas  Cheryl Perry  Richard Tapping  Rebecca Saunders
Diana Farrar  Joellyn Doty  Barb Staggs  Anne McDowell
Sara Taeg  Tracy McCormick

If your birthday is not listed, and you wish to have it added, please contact Shannon Doerr.

The deadline for submission of information for the January issue is January 5 – send to Shannon at: sdoerr@uic.edu
When the Weather Outside is Frightful...

With winter weather, comes additional safety concerns. We encourage all students, staff and faculty to be extra careful on snowy days! Please take a moment to review the Winter Safety Tips listed below.

WINTER SAFETY TIPS

2. Wear appropriate footwear. Wear shoes or boots with rough (waffled, ridged or heavily textured) soles to work and change into dress shoes once there.
3. Be particularly careful of slippery conditions in the morning and early evening when melt water may be frozen. Be aware that black ice can look like wet pavement.
4. Be especially cautious when new snow may have hidden icy patches beneath it.
5. When getting out of your vehicle, look down at the surface. If it’s coated with ice you may want to park in a different place. Test potentially slick areas by tapping your foot on them. Step down - not out of vehicles.
6. Use your vehicle for support. Where practicable, brace yourself with the vehicle door and seat back before standing. This will give you some stability.
7. Although your hands might be cold, don’t put them in your pockets when you are navigating wintry stretches. If you slip, you will need your arms to restore balance.
8. Don’t carry large loads while walking on snow or ice. If you begin to fall, toss your load so that you can break your fall with your arms. Protect yourself instead of the objects being carried.
9. Place your full attention on walking. Digging in your backpack or purse or using a cell phone while walking is dangerous. Concentrate on the path ahead.
10. Do the penguin shuffle – take small, slow, careful steps. Use handrails where provided.
11. To the extent possible, avoid climbing over snow banks and look for an alternate route.
12. Clean your shoes when you go inside. Caked snow and ice on shoe soles can be treacherous and make for slippery floors indoors.
13. If you do slip, try to roll with the fall if you begin to fall forward or sit down if you begin to fall backward. When a falling person relaxes, an injury is less severe than when he/she tenses. Fighting a fall on the ice can cause twisting or bending which may be worse than the bump produced by the fall.

Should you experience a fall on campus please notify your supervisor and seek medical attention if necessary. Please make sure to complete page 1 of the First Report of Injury Form and forward it the Human Resources within 24 hours. The form may be found at https://www.treasury.uiuillinois.edu/UserFiles/Servers/Server_338/File/riskWorkersComp/FirstReportInjuryIllness.pdf

Supervisors must notify Human Resources of all falls and complete pages 2 and 3 of the First Report of Injury Form within 24 hours.

Please remember that prevention is the best way to stop slips and falls during the winter on icy conditions! Be safe out there!
Thank you!!

Thank you to all who purchased Turkey Grams for your fantastic co-workers! Together, we raised $194.00 for the Community Chest!

The Civil Service Employee’s Council maintains a Community Chest to help fellow employees who have experienced extraordinary life events. Each request is handled on a case-by-case basis and at the discretion of the council. The level of confidentiality will be the nominator’s choice.

To nominate yourself or another employee for funds from the Community Chest please follow the process below:

- If nominating another employee obtain permission from the employee you wish to help in writing (an e-mail or signed note would be fine) and submit it with the nomination form.
- Complete the Community Chest Request Form by going to http://peoria.medicine.uic.edu/csec/community-chest/
- Make sure to check the confidentiality level of the request
- Submit to CSEC President csec@uic.edu
- President confirms request via email
- Description of the request is taking to the CSEC who will vote to approve request during an impromptu meeting.
- Once approved the CSEC President will contact the nominator.
Class Act Nomination

A kind, encouraging word goes a long way. Your CSEC is all about supporting the people we work with. Has a special co-worker helped with a project or done something special that made your day? Let them know! Nominate your “Class Act” and recognize their contribution with a statement of appreciation by sending it to Stephanie slhull@uic.edu for publication in this newsletter. Your co-worker will also receive a certificate sent on your behalf.

You Have a CSEC Representative

If you are a Civil Service employee at UICOMP, you have a representative on the Council. We are interested to know how we may serve you. That’s why CSEC exists. If you’re not sure who your rep is, contact Stephanie Hull, slhull@uic.edu to learn the name. We look forward to working with you!
Happy Holidays

“This is my wish for you: peace of mind, prosperity through the year, happiness that multiplies, health for you and yours, fun around every corner, energy to chase your dreams, joy to fill your holidays!” ~D.M. Dellinger

Think Green!
Only Print When Necessary.