

# Ten-4 Bruising

Healthcare professionals need to be aware of these signs of abuse:

Bruising on the...

Torso, Ears, or Neck in any child 4 years old and younger

OR

Bruising anywhere on a child 4 months old or younger



## Statistics:

- Bruising is the most common injury sustained by children who have been physically abused.<sup>1</sup>
- In 2014, state agencies identified an estimated 1,580 children who died as a result of abuse and neglect--between 4 and 5 children per day.<sup>2</sup>
- More than 70% of the children who died as a result of child abuse or neglect were two years of age or younger. More than 80% were not yet old enough for kindergarten.<sup>3</sup>



**stop child abuse before it turns deadly**

# Let's Educate!

## What can you tell parents to do when their child is crying?


- Think ahead about how to handle the inevitable frustrations of caring for a crying baby
- Check basic needs (i.e. time to feed, dirty diaper)
- Remain calm
- Know that it is ok to leave the child in a safe place such as a crib

**For additional tips on how to create a “cry plan,” visit the PRC website under the Resources tab.**

## Choose your baby's caregivers wisely:

- Decide if the person is a safe caregiver, and if they know how to handle the baby crying.
- Trust your instincts, if you don't feel safe leaving your baby with the caregiver, don't.

The **Pediatric Resource Center (PRC)** is a community resource provided by the University of Illinois College of Medicine at Peoria and affiliated with the Children's Hospital of Illinois at OSF Saint Francis Medical Center. The PRC provides services for children who are victims of abuse. The PRC also provides services for parents, guardians, and caretakers. The PRC works together with other agencies involved in child abuse cases. Visit our website for a list of services.



**PEDIATRIC  
RESOURCE  
CENTER**

...meeting the medical needs of  
abused and neglected children.

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320 E. Armstrong Ave Peoria, IL 61603  
**Phone:** (309) 624-9595  
**Hours of Operation:** Mon-Fri 8:30 am-5:00pm

[http://peoria.medicine.uic.edu/departments\\_\\_\\_programs/pediatrics/divisions/prc/](http://peoria.medicine.uic.edu/departments___programs/pediatrics/divisions/prc/)

<sup>1</sup>Collins, P., Dunstan, F., Kemp, A. M., Maguire, S. A., & Nuttall, D. (2014). Bruising in children who are assessed for suspected physical abuse. *Archives in Diseases in Childhood*, 99, 108-113.

<sup>2</sup><https://www.acf.hhs.gov/sites/default/files/cb/cm2014.pdf#page=31>

<sup>3</sup><http://datacenter.kidscount.org/data/tables/6220-children-who-are-subject-to-an-investigated-report?loc=1&loct=2#detailed/1/any/false/867,133,38,35,18/any/12940,12955>