

Civil Service Employee Council News

January 2019



LET'S GO BOWLING!

Our CSEC-sponsored league starts up in January at Landmark Lanes, 3225 N. Dries Lane, Peoria, 61604. Talk to your co-workers and send Joe Newcomb an email at josephln@uic.edu to get your team lined up for awesome good times and a pizza party at the end! Details:

- We bowl every Wednesday @ 5:30 for 8 weeks
- January 9 – February 27
- \$10/week or \$80 total
- Bowling ball and shoe rental included in the weekly cost
- At least 3 people needed per team



CSEC Class of 2018-2019

Michelle De Sutter
Shannon Doerr
Diana Farrar
Terry Flynn
Kira Healey
Josefina Martinez
Shelby Miller
Kim Montgomery
Christie Perry
Marti Sokolowski
Meg Tomlins
Debby Tucker
Tina VanZendoorn
Marcia Vincent
Stacey Webb
Karen Wyman



CSEC OFFICERS

President: Kira Healey,
kira@uic.edu
Vice-President: Meg Tomlins,
mtomlins@uic.edu
Treasurer: Marti Sokolowski,
martisok@uic.edu
Secretary: Shelby Miller,
smille59@uic.edu

TO GET THE NAME OF YOUR
CSEC REP, CONTACT
Shelby Miller, Smille59@uic.edu



Thank You, Santa Shoppers

On December 16, a bunch of us got together at the Grand Prairie Mall to volunteer as Santa Shoppers! We helped youngsters choose and wrap Christmas gifts for their family members. Their parents made donations to the Crittenton Center, known in our community for “protecting and nurturing children and families since 1892.” Pictured below are some of our Santa Shopper helpers: **In the back from left to right:** Adam Yerian, Stacey Webb, Debbie Haeger, and Sandi Blasingim. **Front row:** Shelby Miller, Meg Tomlins. **Not pictured:** Wendy Bucklin, Diana Farrar, Beth Breweur, and Nicolette Lovingood



A NOTE FROM THE CSEC PRESIDENT

Please excuse any delays in response to messages sent to the CSEC email address, csec@uic.edu, as we experienced some technical problems with email replies after the recent update to several of the UICOMP Outlook email accounts. If you have sent a recent email to our address and have not received a response, please try re-sending your message, or forward your message to Kira Healey at kira@uic.edu. Thank you!

FRESH FOOD DRIVE



Food Pantries serve a community of people in need who have higher risks for poor health outcomes specifically related to cardiometabolic conditions. One way that Food Pantries can promote the health of their families is to increase distribution of healthier, more perishable items like fresh produce. However, the pantries, typically, do not receive fresh produce on a consistent basis nor with the quantities or variety that match the needs of those they serve. Fresh Food Drives are a way that community partners can contribute to pantries in a meaningful way.

CSEC is partnering with the UICOMP Food Quality Student Interest Group, joining other community Fresh Food Drive participants by contributing to the pool of fresh food delivered to local Food Pantry partners.

Each month, we will have a special day and drop off location around campus, for *fresh produce donations*. The locations will be announced in advance, and produce will be picked up on the afternoon of the donation day. The first few months of 2019 will host the fresh produce drop-off:

- Jan 2019 – Hillcrest Building
- Feb 2019 – North Building
- March 2019 – One Illini Drive, the college

Please watch for special emails titled, “Fresh Produce Drive – Drop-off Day!”, and participate if you are able. The emails will announce the types of food most needed. Thank you for considering supporting our local community with a donation.

STAFF APPRECIATION WEEK - APRIL 2019

Each year, UICOMP hosts a week-long celebration of our staff, culminating in a Banquet. The events are fun, and the Banquet will have a theme, games and special activities. We hope that you will plan to join the festivities. The dates in April will be announced in an upcoming newsletter.



WHO'S WHO IN THE CSEC

Meet Meg Tomlins



Greetings! I am honored to be part of the CSEC organization at UICOMP. I am a nurse in the Department of Pediatrics, Subspecialty Clinics. I love what I do every day, helping children and their families receive the best clinical healthcare for their developmental needs.

Prior to joining UICOMP a little over a year ago, I have worked as a cardiac/medical/surgical nurse, and have also worked in a few management positions at large companies. I returned to central Illinois, as this is my original home. My extended family lives in the area, thankfully!

I enjoy spending time with my family and friends, traveling, scuba diving and reading. I am passionate about public health and health policy reform, and love to teach. Thank you for the privilege of serving you, as a member of the CSEC board.



Who has gone "above and beyond" to help you with a work project or has done something that made your day? Recognize that special co-worker's contribution with a statement of appreciation published in the newsletter and a certificate that will be sent to them on your behalf. Nominate your special co-worker by sending the details about why they are a "Class Act" to Shelby Miller at smille59@uic.edu.

Community Chest

The **Community Chest** is a fund that supports civil service staff members facing any kind of hardship. You may nominate yourself or a co-worker by sending an email request to Shelby smille59@uic.edu or Kira Healey kira@uic.edu. If we can help pay your electric bill or buy the tire that blew because all your money has gone to medical bills, for example, then the fund can assist.



This 'N' That

- **DID YOU KNOW?** When you buy a bag of popcorn from the CSEC, for just 50¢ a bag, you have a delicious popcorn treat AND help raise funds for a good cause!
- Donate to our Fresh Food Drive to help local residents have healthy food options.
- Volunteer opportunities will be announced in these pages throughout the year.



Check out the CSEC Webpage:

Stop by the Civil Service Employee Council (CSEC) Webpages to see who your CSEC Representatives are, and to learn about CSEC activities at <http://peoria.medicine.uic.edu/csec/>