About Us
The Family Medicine Obstetrics Fellowship at the University of Illinois College of Medicine at Peoria is an exciting and innovative training program that provides a tailored and comprehensive experience. Affiliated with UnityPoint Health - Peoria, fellows gain a deeper understanding of all aspects of women's health from reproductive endocrinology to preventive medicine, including the opportunity to develop operative obstetrics and gynecologic procedural skills. The one-year program accepts up to two fellows each year from accredited residency programs in Family Medicine.

Program Highlights
- Strong university-affiliated, community-based program
- Individualized curriculum; tailored learning experiences to meet individual goals
- Comprehensive approach
- Access to vast patient population in both inpatient and outpatient settings within urban and suburban locations
- Program affiliated with UnityPoint Health - Peoria, with two hospitals, 550 beds, and 40-plus clinics
- Fellows perform 80-100 C-sections, 50-plus vaginal deliveries, 30-40 tubal ligations; postpartum tubals, perineal laceration repairs, deliveries, D&Cs, IUD insertions, endometrial biopsies and colposcopies
- Office space in the Family Medical Center designed specifically for residency and fellowship education. Includes EMR, x-ray and lab facilities with nearly 30,000 patient visits annually
- Fellows receive university faculty appointment; faculty development and leadership training

Additional Highlights
- Opportunity for operative obstetrics procedural skills
- Faculty who are accessible and committed to your personal well-being and education
- Family-oriented environment
- Located in a metropolitan area of 350,000 midway between Chicago and St. Louis in a vibrant, Midwestern city with many recreational activities and low cost-of-living
- Generous salary and benefits

Salary and Benefits
2018-2019 Academic Year
Salary $65,000

Benefits Summary
- Paid time off
- Free meals while on duty
- Free lab coats
- $2,000 annually for professional meetings
- Up to $5,000 moving expense reimbursement
- Free membership to YWCA & Methodist Wellness Center
- On-campus day care center
- Hospitalization, major medical, and dental insurance for fellow and eligible dependents
- Family Leave
- Federal and state license fee reimbursements
What Graduates Say

“I came to this program because of Dr. Na’Allah. She is such a wonderful advocate for her patients and for her community that I was inspired and wanted to learn from her. I can truly say that I have learned more from her than I thought possible. She has mentored and mothered me throughout the whole year - even being my own doctor! There are excellent opportunities for surgical obstetrics and advanced women’s health procedures so that you can get excellent training and feel very confident going into independent practice!”

Anna Grady, MD
Class of 2018
UICOMP Family Medicine Obstetrics Fellowship

“Dr. Na’Allah thoughtfully refines this fellowship to maximize our learning opportunities in consideration of our future goals and it fully delivered on all my expectations. My surgical skills have been honed through more cases than promised, my obstetrical and women’s health knowledge is evidence-based and current, and my transition to an attending was met with an ideal blend of autonomy and support. The personal investment in my professional development by the entire community of Peoria far exceeded my expectations. As a result, I am graduating from this fellowship with the ability to provide safe and appropriate full spectrum care for patients and their families and the gift of lifelong support from similarly minded mentors.”

Whitney Mack, DO
Class of 2018
UICOMP Family Medicine Obstetrics Fellowship

From the Program Director

“Our fellowship is tailored towards that applicant who is very passionate about women’s health. The fellowship includes training in high risk OB, C-sections, general and inpatient gynecological procedures, ultrasound, rotation with subspecialists and faculty development. Fellows will have opportunities to teach while learning to be well rounded family physicians. Our patient population is mostly underserved and caring for them will give you a personal and professional sense of fulfillment.

The fellowship is very busy, but we make time to have fun, in an environment that thrives on care, friendship and highly dedicated faculty. We are a family here and truly care for each other’s wellness. Come check us out!”

-Rahmat Na’Allah, MD, MPH, FAAFP
Women’s Health Program Director

About the Program Director

Dr. Rahmat Na’Allah obtained her Master’s in Public Health at the University of Illinois at Springfield and her Family Medicine residency at Southern Illinois University, Springfield. She completed a fellowship in Maternal-Child Health at PCC Community Wellness/West Suburban Medical Center, Oak Park, IL. She has received several awards including the 2017 Illinois Academy of Family Physicians, Physician of the Year, Susan La Flesche Picotte, MD. Health Equity Pioneer Award. and outstanding service award from University of Illinois College of Medicine Peoria. She is a member of the Gold Humanism Honor Society.

As well as doing full spectrum family medicine, Dr. Na’Allah specializes in women’s health and high-risk/surgical obstetrics. She has published several articles and given national and international presentations. Her research interest is in obstetrics and women’s health with special interest in reducing Sexually transmitted infections, teenage pregnancy and health care disparity. She is a strong advocate for improving reproductive health access for all.