



August 2019



## CANCER BIOLOGY & PHARMACOLOGY

### PRESENTATIONS

[Dr. Krishna Veeravalli](#) gave an invited talk at the International Conference “Recent Advances in Chemical, Pharmaceutical, and Life Processes” at Andhra University, Visakhapatnam, AP, India. His talk entitled “**MMP-12, a promising therapeutic target for ischemic stroke**” was presented July 13, 2019.

[Dr. Krishna Veeravalli](#) gave an invited talk at the College of Pharmaceutical Sciences, Andhra University in Visakhapatnam, AP, India. His talk entitled “**TPA in the context of ischemic stroke: Friend or Foe?**” was presented on July 15, 2019.

### GRANTS/AWARDS

[Dr. Ken-ichiro Fukuchi](#) received a grant award from NIH/NIA to study the role of neuron inflammation in the pathogenesis of Alzheimer’s disease for the amount of \$439,725. His project is entitled “**NIH R21AG064811: Modulation of innate immunity in Alzheimer disease.**”

### EMPLOYEE NEWS

[Dr. Krishna Veeravalli](#) was invited to join the Department of Biomedical Sciences at the University Of Illinois College Of Medicine at Rockford as an Adjunct Faculty.

## LIBRARY OF THE HEALTH SCIENCES

### Please welcome Elizabeth (Liz) Busche!

Liz is our new Library Assistant to the Library of the Health Sciences - Peoria. She is ready to assist with all your needs. Liz is a part-time employee, and she is thrilled to be a part of the Library staff. She will be in the Library Monday through Friday including Tuesday and Wednesday evenings. For enjoyment, Liz likes to bake, hike and attend live music performances. Stop in and say HI!

# HUMAN RESOURCES

Please welcome new employees....



Steve Grys, Medical Education  
Program Specialist, Academic Affairs



Ashley O'Neill, Reimbursement Coding  
Representative, Medical Billing

Matt Ross, RN, Pediatrics (No photo)

Liz Busche, library assistant, LHS (No photo)

---

**Reminder:** This is a good time of year to verify your insurance enrollment, especially if you made any changes during open enrollment (changes effective July 1). You can verify your insurance enrollment in the new state vendor website <https://mybenefits.illinois.gov/account/login/MustAuthLogin#/login>

For questions regarding the login process, please call MyBenefits at 844.251.1777. University Benefit Resources: <https://www.hr.uillinois.edu/benefits/>

The EAP administrator, Magellan, has launched a new website with many new features for Members to take advantage with useful intuitive apps to use daily as well as discounts for everyday purchases. Please be sure to check out the wonderful benefits offered by Magellan. DISCOUNTS! (see flyer included)

## Introducing [MagellanAscend.com](https://www.MagellanAscend.com)

As part of Magellan's commitment to providing a fresh approach, new technology and new programs, Magellan is taking the member experience up a notch with a brand-new member website. This newly designed website features a user-friendly browsing experience that allows you to quickly see all the programs and services available. You can access the Employee Assistance and Behavioral Health Program websites by using the following links:

[Magellan Ascend Behavioral Health Program](#)

[Magellan Ascend Employee Assistance Program](#)

Key features of the new website for your staff include:

- **Explore Services** features individual program tiles for quick and easy access to services
- **App Library** hosts convenient links to download mobile apps to help you with anxiety management, insomnia, quitting smoking, and more
- The **Learning Center** provides fresh, clinically-approved content on a variety of topics from building resiliency to handling traumatic events in the form of articles, videos, self-assessments and webinars
- A **monthly newsletter and live webinar** are featured on the home page each month

Members who visit the former website will receive a message "Your Program Has Moved" and will be redirected to [www.MagellanAscend.com](https://www.MagellanAscend.com). Members will need to create a new account by following the instructions on the home page.

As a reminder, Magellan administers the behavioral health program for the Quality Care Health Plan and Employee Assistance Program. Behavioral Health services can be accessed by contacting Magellan at 800-513-2611 or, at [Magellan Ascend](#), 24 hours-a-day, seven-days-a-week.

The EAP, through Magellan, is a confidential program which offers services to help employees resolve daily challenges and manage more complex issues. The EAP is a no cost, voluntary program for active employees not represented by the collective bargaining agreement between the State and AFSCME and their covered dependents, regardless of the health plan chosen. Services may be accessed by contacting Magellan at 866-659-3848 or, at [Magellan Ascend](#). Getting help is easy, convenient and available 24 hours-a-day, seven-days-a-week.

**EAP services include:**

- **Counseling** – three (3) counseling sessions at no cost to help with stress, anxiety, grief, relationship concerns and more
- **Coaching** – Achieve your goals using coaches to help you stay on track
- **Online programs** – Use self-guided, interactive apps for depression, chronic pain and more
- **Work-Life web services** – Find resources for child care, elder care, discounts and more
- **Clickotine Smoking Cessation** – interactive app to help you quit smoking
- **Legal, Financial and ID Theft services** – Access to free consultations and resources
- **Member website** – Get more information on all the services available
  - Use the Provider Search to find care in your area
  - See the latest news on trending topics like building resiliency, or managing finances
  - Explore the LifeMart Discount Center
  - Browse the Learning Center to find articles, webinar recordings, videos and self-assessments on a wide range of topics including anxiety, child care, depression, elder care, parenting, relationships, stress management, substance misuse, work-life balance, and so much more.

Magellan offers a variety of free resources to help you and your household members with everything from checking off daily tasks to managing complex issues. All services are completely confidential.

Set up your profile and get started today! ([select State of Illinois when create a profile account](#))



August 2019



## CSEC Class of 2019-2020

Michelle De Sutter  
Shannon Doerr  
Diana Farrar  
Kathy Hauk  
Donna Hazelman  
Stephanie Hull  
Josefina Martinez  
Javelyn McGrane  
Marti Sokolowski  
Tina VanYzendoorn  
Stacey Webb  
Karen Wyman



## CSEC OFFICERS

**President:** Diana Farrar  
[dfarrar@uic.edu](mailto:dfarrar@uic.edu)  
**Vice-President:** Michelle De Sutter,  
[desutter@uic.edu](mailto:desutter@uic.edu)  
**Treasurer:** Donna Hazelman,  
[hazelman@uic.edu](mailto:hazelman@uic.edu)  
**Secretary:** Stephanie Hull,  
[slhull@uic.edu](mailto:slhull@uic.edu)

-----  
**TO GET THE NAME OF  
YOUR CSEC REP, CONTACT**  
Stephanie Hull, [slhull@uic.edu](mailto:slhull@uic.edu)

## CSEC Class of 2019-2020

Thank you for nominating your coworkers to serve on the Civil Service Employee Council. The following members will be serving you in the following roles for the 2019-20 fiscal year: **Michelle De Sutter, Shannon Doerr, Diana Farrar, Kathy Hauk, Donna Hazelman, Stephanie Hull, Josefina Martinez, Javelyn McGrane, Marti Sokolowski, Tina VanYzendoorn, Stacey Webb, and Karen Wyman.** We elected officers and chose job descriptions as follows:

### Officers

**President:** Diana Farrar  
**Vice-President:** Michelle De Sutter  
**Treasurer:** Donna Hazelman  
**Secretary:** Stephanie Hull

### Chairs

**Community Outreach:** Javelyn McGrane  
**Elections:** Karen Wyman, Marti Sokolowski  
**Survey:** Marti Sokolowski  
**Personal Enrichment:** Javelyn McGrane  
**Constitution:** Tina VanYzendoorn

### Managers

**Focus:** Diana Farrar  
**Webpage:** Stacey Webb  
**Graphics:** Kathy Hauk  
**Welcome:** Josie Martinez (off-site), Shannon Doerr (on-site)  
**Pegboard:** Karen Wyman  
**Photo:** Donna Hazelman

## *You Have a CSEC Representative*

If you are a Civil Service employee at UICOMP, you have a representative on the Council. We are interested to know how we may serve you. That's why CSEC exists. With Council members cycling on and off, you may have a different representative than you had previously. No worries; you may contact Stephanie Hull, [slhull@uic.edu](mailto:slhull@uic.edu) to learn the name. Your representative will soon be introducing herself to you, in person or in writing (email). We look forward to working with you!

## BY POPULAR DEMAND, COMING TO UICOMP IN AUGUST



Sponsored by your Civil Service Employee's Council - Nacho Mama's Grilled Cheese, Nachos, Quesadillas and more! See us for lunch in the circle drive at 1 Illini Drive on August 29, 11:00-2:00. Offsite employees may also choose to contact their CSEC rep to place an order in advance, and to arrange for payment and pickup. See their menu at <https://nachomamasgrilledcheese.com/> and plan to buy lunch at the truck that day! Thank you for your support!

## GET YOUR POPCORN on TUES, AUG. 27!!!

Just what the doctor ordered for a busy afternoon...a bag of delicious, buttery popcorn! When you buy a bag of popcorn for the bargain price of 50¢ a bag, you get a tasty treat (at this price, buy some for your friends!) AND help raise funds for a good cause.



## Community Chest



The **Community Chest** is a fund that supports civil service staff members facing any kind of hardship. You may nominate yourself or a co-worker by sending a confidential email request to Diana [csec@uic.edu](mailto:csec@uic.edu). If we can help pay your electric bill or buy the tire that blew because all your money has gone to medical bills, for example, then the fund can assist.

## Thank You!

Thank you for bringing a little sunshine to someone's day in July. The proceeds went to the CSEC Community Chest, a fund that supports civil service staff members facing hardship.



## Class Act Nominations

Has a special co-worker helped with a project or done something special that made your day? Nominate your "Class Act" and recognize their contribution with a statement of appreciation by sending it to Stephanie [slhull@uic.edu](mailto:slhull@uic.edu) for publication in this newsletter. Your co-worker will also receive a certificate sent on your behalf.

**Check out the CSEC Webpage:** Stop by the Civil Service Employee Council (CSEC) Webpages to see who your CSEC Representatives are, and to learn about CSEC activities at <http://peoria.medicine.uic.edu/csec/>

## AUGUST BIRTHDAYS



Jodi Frasure  
Sarah Dominique  
Cathy Huntsman  
Leslie Wise  
Tracey Vogelsang  
Leslie Hammersmith

Sindy Hornibrook  
Kelsey Balcer  
Julie Dawson  
Kristy Bushart  
Christina Lowrance  
Lyn Apa

Jaymi Belcher  
Sandi Blasingim  
Kim Alexander  
Trisha Stetzler  
Juanita Corrales  
Scotti Nieukirk

Adam Yerian  
Lusine Demirkhanyan  
Carol Reames-Trotter  
Jacob Jones  
Debby Tucker  
Maheedhara Guda

If your birthday is not listed and you wish to have it added, please contact Shannon at [sdoerr@uic.edu](mailto:sdoerr@uic.edu). A detailed birthday list may be found on the "PUBLIC" drive in the Focus Newsletter Folder, as well as past issues of the Focus in the Focus Newsletter Folder.

# Goodbye Summer!



## NEWS RELEASES

Contact: Susan Grebner @ 309-671-8404

Be sure to check out UICOMP news releases at: <http://peoria.medicine.uic.edu/news>

### Have an Interesting Story Idea?

*If you have an idea for an interesting news story or feature story, please pass it along! One way to share the great work accomplished here is through the stories of our students, faculty, employees and alumni. Sometimes stories are shared with local media outlets, included in our Pathways magazine, or posted on our website or Facebook page. To pass along a story idea, contact Susan Grebner at [sgrebner@uic.edu](mailto:sgrebner@uic.edu) or phone (309) 671-8404.*



**Think Green! Only Print When Necessary.**



The deadline for submission of information for the September issue is August 28; submit news to [sdoerr@uic.edu](mailto:sdoerr@uic.edu)



# Bank big savings on major brands and everyday needs with LifeMart®!

Life is expensive. Fortunately, you and your household members have access to LifeMart, an online discount center and mobile app. LifeMart makes everyday life a little more affordable—and a lot more fun—with both national and local discounts from brands you know and love. Whether you're planning a major purchase like a car, home or vacation, or just want to save on day-to-day essentials, LifeMart is your lifeline.

## Access real savings on real life needs

- Car buying and services
- Child and elder care
- Clothing, flowers and gifts
- Financial and legal products
- Fitness centers and nutrition plans
- Furniture, appliances and electronics
- Theme park and movie tickets
- Travel, hotels and car rentals

## Why spend more when you don't have to?

Make shopping LifeMart a regular part of your money-saving routine and save on the items you want most! With the LifeMart app, you can access discounts anywhere, anytime.

Visit your member website to access LifeMart today!



**Employee Assistance Program**

**1-866-659-3848**

For TTY Users: 1-800-456-4006

[MagellanAscend.com](http://MagellanAscend.com)

B-F1018rev4 (2/19) ©2019 Magellan Health, Inc.