

University of Illinois College of Medicine –Peoria

UIC College of Nursing – Peoria

Student Health & Wellness Services 2016-2017

Overview and Guidelines

This document provides a general overview of health and wellness services and policies for Peoria students. Additional information is provided on the *CampusCare* Website, and via documents on specific topics that are issued by Peoria administrative offices or service providers.

Student Health and Counseling Services

All registered students pay the Health Service Fee. In Peoria, this fee supports basic services provided by the UnityPoint Health Methodist Family Medicine Clinic, subsidizes contraceptive discounts at a local Pharmacy, provides for counseling services, and supports wellness and fitness programming. Students may NOT waive out of the Health Service fee.

STUDENT HEALTH: UnityPoint Health Methodist www.unitypoint.org/peoria is contracted to provide Student Health Services through the UnityPoint Health Methodist Family Medical Center (FMC). The Student Health fee covers the following when (a) medically necessary and (b) rendered at the FMC and (c) not covered by CampusCare or other primary insurance:

- Routine Examination and Preventive health care services,
- Common STD care (Including HIV Testing and Counseling),
- Pregnancy Counseling and Urine Testing,
- Contraception with Student Formulary covered medications;
- Basic Gynecologic Preventive Care at approved intervals,
- TB testing (PPD skin test) as required by a student's College
- Tetanus Booster
- Annual Flu Vaccine
- Administration of certain immunizations (student pays for vaccine)
- Administration of student-provided Desensitization Injectables
- The following lab services when ordered by Family Medical Center in conjunction with this agreement:
 - STD care: HIV, GC Chlamydia
 - Basic Gynecologic Care: PAP Smears, Pregnancy Test, KOH/Saline (when done on site)
 - General Care: Total Cholesterol at approved intervals

FMC is located at 815 Main Street, Suite A, in the building adjacent to UICOM-P at the corner of Main St. and Illini Dr. Hours are 8:00 a.m.-5:00 p.m. Monday through Friday. Scheduled appointments are available from 8:45 a.m.-11:15 a.m. and 1:00 p.m.-4:15 p.m. **Call 309-672-4977 to make appointments.** Office visits are by appointment during normal business hours. Urgent conditions will be seen within 1 to 2 working days of contact with the Clinic. A healthcare provider with *no* UICOM-P teaching responsibilities sees students and coordinates their care. Students may request a different provider for convenience or preference.

Co-pays: The Student Health Fee covers “co-pays” for services rendered at the FMC only. Students should not be billed for or be asked to make co-pays at FMC.

Pharmacy: Alwan Pharmacy, 311 N. Western Ave., Peoria, IL, 309-676-6333, offers reduced fees for prescription contraceptives consistent with UIC formulary prices. It is also the in-network pharmacy for *CampusCare*. This is the ONLY Alwan location that provides student services.

Referrals: The FMC serves as Primary Care Provider for students who subscribe to the *CampusCare* Benefit Program, and accepts many other insurers as well. Students should pre-register as FMC patients during M2 orientation and subsequently identify themselves as *students* when making appointments. Students should expect to present their UIC I-Cards plus proof of health insurance whenever they receive services. Appointments for services external to FMC (e.g., specialists) **must** be set up by a FMC Nurse. To arrange a physician-referred, insurance-authorized appointment, see a nurse at FMC, or call 309-672-4977.

After Hours or Emergency Care: For medical care at any time after hours students should follow the guidelines provided by *CampusCare* or their alternate insurer. In the event of a life-threatening emergency, students should go to the nearest emergency room or call 911. It is wise to review emergency coverage before an emergency occurs. Failing to follow an insurer's guidelines can result in significant out-of-pocket expense. (See *CampusCare* section, below, for additional details.)

A note on TB Testing: An annual skin test is required for medical students. All PPD-negative students shall have repeat PPD testing annually as provided through Student Health Services. PPD-positive students must have a screening chest x-ray and follow through care as indicated. Referrals for PPD-positive students are handled through Student Health/FMC. Nursing students should contact their college re: testing requirements.

COUNSELING SERVICES: Counseling services for students are provided at no charge at University of Illinois Psychiatry and Psychology, located in the UnityPoint Methodist Atrium Building, 900 Main St., Suite 720, Peoria, IL. To make an appointment, phone 309-495-1640. Arrangements for individual counseling are absolutely confidential between the student and counselor. Behavioral health, psychiatric care and neuropsychological evaluations are available by referral. *CampusCare* covers most such services (minus co-pay) when properly referred by the designated counselor or FMC-based primary care provider and authorized by *CampusCare*.

WELLNESS PROGRAMMING: Student Counseling Services, in conjunction with the Student Wellness Committee and UICOM-P Student Affairs, coordinates wellness programs for students. Programs and resources address nutrition, stress reduction, suicide intervention, exercise, and healthy relationships. Students are invited to become involved in this active committee.

CampusCare Student Health Benefit Program

Required Coverage. UIC requires that all students have health insurance coverage while enrolled in classes. All registered students are billed for the *CampusCare* program unless they waive out by documenting coverage by an alternate approved insurer, such as that held by a parent or spouse. **Students whose alternative health coverage expires must *reinstate to CampusCare at the time of expiration* -- this includes students who waived out while undergraduates at UIC but no longer have coverage.** The *CampusCare* website at <http://www.campuscare.uic.edu> offers FAQs and complete information about benefits, policies, coverage dates, claim tracking, health insurance waiver forms, and more.

CampusCare Health Centers are responsible for coordinating care and maintaining records for covered students. The UnityPoint Methodist **Family Medical Center (FMC)**, described above) is the designated *CampusCare* Health Center for Peoria. Referrals to physicians and services



outside the FMC *must* be coordinated through the FMC **Referral Nurse and approved by the CampusCare Medical Director**. Co-pays will be charged for emergency room care, express care and other covered services rendered at sites other than the FMC. All lab work should be ordered through *CampusCare's* approved providers in the UnityPoint Methodist system. **Students may be required to pay in full for services that are not authorized for coverage, so they are advised to ask the provider, "has this service been authorized by CampusCare?" with regard to every appointment, test, procedure, or treatment. CampusCare will not process referrals retro-actively.**

Annual Vision Exam: *CampusCare* students can obtain a routine annual vision exam by following the instructions for making "an annual routine eye appointment" on the *CampusCare* website. Glasses and contacts are not covered, although some providers may offer discounts. Students and dependents enrolled in *CampusCare* have access to a vision discount program for their glasses or contacts through United Health Programs. Visit the *CampusCare* website for details.

Emergencies: UnityPoint Clinic ExpressCare Centers in Peoria or Morton and the UnityPoint Health Methodist Emergency Department are *CampusCare's* in-network providers for emergency and urgent care in the Peoria area. Co-pays for emergency room and urgent care services are \$50 per visit. "Out of network" emergency services will be covered at 70% minus the co-pay. www.unitypoint.org/peoria/services-emergency-department.aspx

Medical Bills: Do not ignore medical bills. Providers will hold *you* responsible for charges until an insurer pays them, and may turn your account over to a collection agency. Claims filed by FMC should list the student's insurer as primary coverage and Student Health as secondary coverage. If you receive a bill for medical services that you think should be covered by Student Health, *CampusCare*, or other insurer, you should first check the status of the claims with your insurer. *CampusCare* has a claims tracker on its website. Questions about bills from UnityPoint Health can be directed to UnityPoint Managed Care at 309-671-8283. Services that are *not* covered by either Student Health Service *or CampusCare* (or equivalent approved insurance) are generally considered to be the financial responsibility of the student, as are services that students obtain without proper referral and authorization. Financial Aid budget increases can sometimes be obtained to help cover unusually high medical expenses for students and their dependents. Students can also call UICOM-P Student Affairs at 309-671-8410 for advice on pursuing concerns or questions about medical bills.

Dental Services: Students and dependents enrolled in *CampusCare* have access to the dental discount program offered through United Health Programs. See details on the *CampusCare* website.

Fitness Services: Students have access to two fitness facilities in Peoria.

Methodist Wellness Center. Located at the Atrium building, 900 Main St., the center may be used by students upon presentation of their student ID cards. Hours are Monday - Friday, 5:30 am. - 7:30 pm.; Saturday, 7:00 am - 12 noon. www.unitypoint.org/peoria/services-wellness-center.aspx 309-672-5904.

RiverPlex Recreation and Wellness Center. For an annual co-pay of \$20, students can join the *RiverPlex*, located at 600 NE Water St., downtown. Student hours are Monday-Friday 5:00 am – 4:00 pm and 7:00 pm - 10:00 pm; Saturday-Sunday 7:00 am-7:00 pm. Student spouses may join for \$35 per month. <http://www.peoriaparks.org/riverplex/> 309-282-1700.



----- The next four sections are specific to medical students -----

Disability Coverage: Long Term Disability coverage for medical students is mandatory and is billed to students with tuition as a separate fee. Coverage is arranged by the University of Illinois Office of Risk Management through Principal Life Insurance Company. A student may opt out by showing equivalent or better disability protection. Information about Long Term Disability Coverage is posted on the COM Policies web site: <http://medicine.uic.edu/studentpolicies>

Immunizations: College of Medicine policies state each medical student must be protected against the preventable diseases. All students should demonstrate proof of immunity and/or immunizations for diphtheria, pertussis, tetanus, hepatitis B, varicella, polio, rubeola, rubella, mumps, and influenza. Starting with the Class of 2018, the College of Medicine students use CertifiedBackground, an online service, to document immunization status. The Department of Family and Community Medicine (DFCM) oversees immunization requirements for the College of Medicine at Peoria. Immunization policy questions should be addressed to the DFCM, 2nd floor, Family Medical Center, phone 309-672-4599. Except for annual TB tests, flu shots and required tetanus boosters, most immunizations and titers are *not* covered by Student Health Services. *CampusCare* does not cover immunizations for matriculation purposes.

Blood/Body Fluid Exposures: All clinical training sites must provide medical students with *initial* evaluation and prophylaxis in the event of needlesticks or other blood-borne pathogen exposures that occur while students are engaged in training. Incidents *must* be reported and treated immediately according to hospital or clinic protocol for students or other non-employee trainees. Results of the initial evaluation should be forwarded to Student Health/FMC for further review and follow-up. Students may be held financially responsible for the cost of evaluation and should present proof of insurance at time of service. Students are not covered by Worker's Compensation. A document explaining the protocols in detail is provided to students.

CONFIDENTIALITY OF CARE: College of Medicine policy states that the health professionals who provide psychiatric/psychological counseling or other sensitive health services to medical students must have no involvement in the academic evaluation or promotion of students receiving their services. This policy is not intended to restrict medical student access to clinicians of their choosing. Students should report policy violations to Student Affairs.

KEY CONTACT Numbers:

- **CampusCare: 312-996-4915**
- **Student Counseling Services: 309-495-1640**
- **Dept. of Family & Community Medicine (Immunizations): 309-672-4599**
- **UnityPoint Health Methodist Family Medical Center/Student Health: 309-672-4977**
- **Alwan Pharmacy Peoria: 309-676-6333**
- **UnityPoint Health Methodist Emergency Dept.: 309-672-5500**
- **UnityPoint Clinic Express Care: Peoria: 309-691-9110; Morton: 309-263-4343**
- **OSF St. Francis Medical Center: 309-655-2000**
- **UnityPoint Health Methodist Billing Services: 309-671-8283**
- **UICOM-P Student Affairs: 309-671-8410**

